# **WORKING TOGETHER FOR SAFETY**

**TALK** to your child about his or her experiences in Y programs, school, sports, and other activities.

**DROP IN** on your child's programs.

TRUST your instincts. Don't wait to tell us if something seems "strange." Speak up!

**WATCH** for warning signs of abuse:

- Unexplainable bruising or other physical markings
- Disturbed sleeping or eating patterns
- Abrupt changes in behavior—anxiety, clinging, aggressiveness, withdrawal, depression
- Fear of certain person or place
- Discomfort with physical contact
- · A child who abuses other children

LISTEN AND WATCH for signs of your child receiving special attention that other children or teens are not receiving, including favors, treats, gifts, rides, increasing affection or time alone, particularly outside the activities of school, child care, or other activities.

**ASK** your child these questions every once in a while:

- Is anyone scaring or threatening you?
- Is anyone asking you to keep secrets?
- Has anyone said anything to you that made you
- Is anyone touching you in a way that you don't like?

**ENCOURAGE YOUR CHILD TO TELL** you or another trusted adult if anything happens to him or her.

**READ OUR STAFF CODE OF CONDUCT.** If someone is non-compliant, let us know immediately. It is located on our website and at every location.

## **RESOURCES**

#### **CHILD SAFE RESOURCE**

#### **Child Safe Hotline**

1-800-792-8610

To make a confidential call if you have any questions or concerns regarding a Y staff person or program

#### **PREVENTION**

#### Stewards of Children:

#### **Child Sexual Abuse Prevention Training**

Learn how to recognize, prevent, and react responsibly to child sexual abuse. Learn more at www.d2l.org or contact Susan Morton for the next scheduled training.

#### **COMMUNITY RESOURCES**

**Division of Child Protection and Permanency** 

1-800-792-8610

To report child abuse

#### **Department Of Human Services**

1-877-677-9845

To report health concerns or facility issues

#### **WESTFIELD AREA Y**

#### **Susan Morton**

908-654-8460 or smorton@westfieldynj.org Vice President, Operations Child Care, Camp, Teen Services and Darkness to Light Trainer/Facilitator

### Clark Lagemann

908-233-2700 or clagemann@westfieldynj.org Senior Vice President, Operations

## **WESTFIELD AREA Y**

MAIN FACILITY · 220 CLARK ST., WESTFIELD, NJ 07090

908-233-2700 · www.westfieldynj.org

ROBERT & VIRGINIA BAUER FAMILY BRANCH

422 E. BROAD ST., WESTFIELD • x423

PRESCHOOL AT THE CRANFORD COMMUNITY CENTER

220 WALNUT AVE., CRANFORD · x423

**CHILD CARE CENTER** 

170 ELM ST., WESTFIELD • 908-654-8460

#### **GARWOOD FAMILY CENTER Y**

500 EAST ST., GARWOOD • 908-301-1616

#### **ADMINISTRATIVE SUPPORT OFFICES**

111 FERRIS PL., WESTFIELD • 908-223-8820



**FOR YOUTH DEVELOPMENT®** FOR HEALTHY LIVING FOR SOCIAL RESPONSIBILITY

# **OUR COMMITMENT** Creating a Child Safe **Environment**



#### **WESTFIELD AREA Y**

Serving Cranford, Garwood, Mountainside and Westfield since 1923.



# **WESTFIELD AREA Y AND YOUTH**

Parents place their trust in the Y to help their children thrive. Our core values of caring, honesty, respect, and responsibility are part of everything we do. Because of this, we place great value on creating the most child-safe environment possible. The Westfield Area Y has approximately 5,000 youth members.

# FIRST STEPS TO SAFEY: CHILD PROTECTION POLICIES

#### **OUR STAFF**

The Westfield Area Y has more than 200 staff members and volunteers working with youth in the many programs we offer.

#### **OUR SCREENING**

To keep children in our programs safe we take the following steps in our intensive screening of employees and volunteers:

- Detailed application forms
- Comprehensive interview process
- Reference checks
- Criminal background record checks and/or fingerprinting
- Internet searches
- Social security traces
- Sex offender records checks

## **OUR TRAINING**

Employees complete an extensive child abuse prevention training program.

Supervisors and managers complete additional training to further promote a child-safe environment. All staff members are mandated to report any suspected child abuse. All staff members receive and sign an actionable code of conduct.

# **OUR POLICIES**

Staff members are prohibited from working one-on-one with youth outside of the Y (e.g., babysitting). Policies exist to ensure staff and volunteers are not alone with a child. Family members are encouraged to visit unannounced and observe any program in which their child participates. Parents are also encouraged to express concerns to program directors. All interactions between adults and children are designed to be observable.



# **INFORMATION ABOUT ABUSE**

The Y wants all children to be safe. Unfortunately, child abuse does exist, taking many forms.

**Emotional:** Threatening a child or using words that can hurt a child's feelings and self esteem; withholding love and support from a child

**Physical:** Causing injuries to a child on purpose, such as bruises, burns, scars, or broken bones

**Sexual:** Having sexual contact in any form with a child, including exposing, fondling, intercourse, pornography, or internet solicitation

**Neglect:** Not providing children with enough food, clothing, shelter, medical care, hygiene, or supervision

# IF YOU SUSPECT ABUSE ...

- ⇒ If you think your child is physically injured, seek out appropriate medical attention.
- ⇒ If you see signs of distress, withdrawal, or acting out, consider counseling for your child.
- ⇒ Talk to your Y Program Director for assistance.
- ⇒ Call the Division of Child Protection and Permanency or the police to report any abuse.